

PTSD SYMPTOMS

Did you experience a
life-threatening event
during combat?

You may have PTSD if:

- You have difficulty staying or falling asleep
- You have nightmares or unwanted memories of the traumatic event(s)
- Unexpected noises or movements make you jump
- You avoid situations that remind you of your traumatic experience(s)
- You are tense, on-guard, irritable, or lose your cool over minor, everyday things
- You feel guilt, shame, or other negative emotions related to the event(s)

GETTING STARTED

We will ask you some questions over the phone, and if you are a potential match for the study, we will invite you to participate in clinical assessments

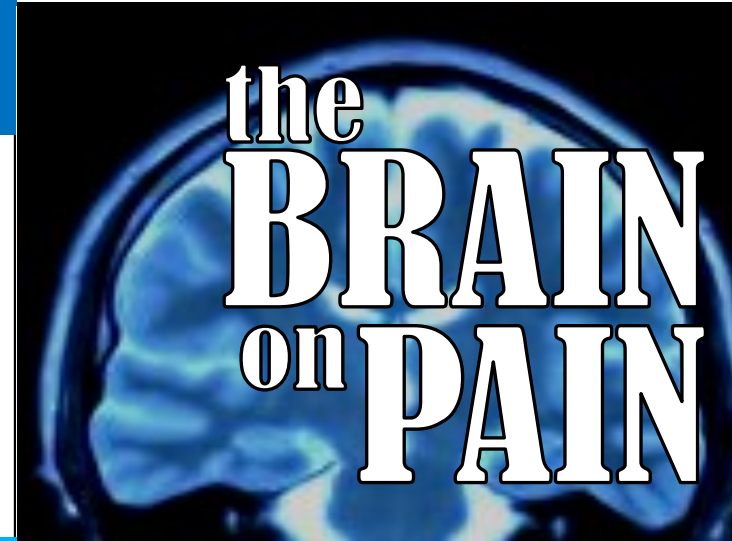
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ICE



What does
it look
like?

the ICE study

ELIGIBILITY

Meet ALL of the following:

- U.S. military veteran
- 18 to 55 years old
- Able to undergo MRI scans

And meet ONE of the following:

- Have symptoms of PTSD for at least 3 months
- Have symptoms of chronic lower back pain for at least 6 months

Also recruiting healthy controls

- No symptoms of PTSD or back pain

Imaging Combat Exposure

the fMRI study of PTSD and Pain Sensitivity

PURPOSE

Sponsored by the Department of Veterans Affairs, the purpose of ICE is to determine whether combat-related PTSD affects pain sensitivity and brain functioning.

LOCATION

All visits will occur at the San Francisco VA Medical Center.

COMPENSATION

In return for your time and effort you will receive up to \$250 plus a travel voucher.

PARTICIPATION

This is a two-session research study requiring up to 8 hours of participation.

Your participation will include questionnaires, an assessment determining your sensitivity to warm and hot temperatures, and an fMRI brain imaging exam.

